

# LITTLE MILESTONES for SMALL DISCOVERIES

We are excited to announce a new ABA Day Program! Our program is in partnership with RightWay ABA. This program will take place Mondays - Fridays from 9:00 am - 3:00 pm and will be for children between the ages of 2 and 6.

## **What is ABA?**

Applied Behavior Analysis (ABA) is a research-based therapy that helps children learn new skills and reduce behaviors that may get in the way of learning or daily life. ABA uses positive reinforcement and individualized teaching to support growth in areas like communication, social skills, independence, and behavior regulation. ABA can help children reach their fullest potential at home, in school, and in the community.

## **Benefits of ABA:**

- Teaches communication, social, and daily living skills
- Reduces behaviors that interfere with learning
- Encourages independence for your child's unique needs
- Involves and supports parents every step of the way

## **What can ABA help with?**

- Improving communication skills (verbal, nonverbal, and alternative methods like Augmentative and Alternative Communication (AAC))
- Building social skills (sharing, turn-taking, making friends)
- Increasing attention and focus
- Reducing challenging behaviors (tantrums, aggression, self-injury)
- Teaching daily living skills (toileting, dressing, brushing teeth)
- Supporting learning and school readiness
- Creating routines and transitions
- Parent and caregiver training to support success at home

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## **Is it covered by insurance?**

Most insurances are accepted. Please give us a call or send us an email to get started.

## **Register Today!**

If you would like to register, please reach out to RightWay ABA and let them know that you would like to register for the Little Milestones day center program. You can call them at 201-540-8704.